



ADOPTED NATIONAL GUIDELINES FOR
Tobacco Cessation for Adults

National Guidelines Adopted 04/14

REVIEW DATES:
02/18/2016, 02/22/2018, 3/26/20, 3/24/22, 3/28/24

Neighborhood reviews Clinical Practice Guidelines every two years.

Please Follow the Link Below for Full Guideline Details:

<http://www.cancer.gov/cancertopics/pdq/prevention/control-of-tobacco-use/HealthProfessional/page3>

https://www.cdc.gov/tobacco/hcp/patient-care/clinical-cessation-tools.html?CDC_AAref_Val=https://www.cdc.gov/tobacco/patient-care/clinical-tools/index.html

Additional Local Resources:

Quit for Life

Neighborhood Health Plan of RI (Neighborhood) has a tobacco cessation program called Quit for Life. This program offers telephonic health coaching and is available to all Neighborhood members. Information regarding this program can be obtained by calling Member Services at 1-800-459-6019.

QuitWorks

Fax referrals to: 1-866-560-9113

www.QuitWorksRI.org

Smokers' Quitline and the QuitWorks-RI Program: 1-800-QUIT-NOW or 1-800-784-8669

Spanish: 1-800-8-DEJALO

TTY/TDD: 1-800-TDD-1477 or 1-800-833-1477

Quit Tips Line (24 hour recorded messages): 1-800-943-8284

[becomeanex.org](http://www.becomeanex.org) (Additional information for tobacco users and providers can be found at <http://www.health.ri.gov/healthrisks/tobacco>)

Neighborhood Health Plan of RI Clinical Practice Guideline Effective Date: 08/17/2000

Previous Revision Dates: 8/8/2002, 7/10/2004, 5/11/2006, 4/10/2008, 4/10, 4/12, 3/20, 3/22, 3/24

National Guidelines Adopted on April 17, 2014

*Electronic cigarettes

The Food and Drug Administration (FDA) has joined other health experts to warn consumers about potential health risks associated with electronic cigarettes. E-cigarettes have not been fully studied so the potential risks are not known.

Disclaimer:

This clinical practice guideline is made available to you for informational purposes only. It is not a guarantee of payment or a substitute for your medical judgment in the treatment of your patients. Benefits and eligibility are determined by the member's coverage plan; a member's coverage plan will supersede the provisions of this medical policy. For information on member-specific benefits, call member services. These guidelines are current at the time of publication; however, medical practices, technology, and knowledge are constantly changing. Neighborhood reserves the right to review and revise this policy for any reason and at any time, with or without notice.