

# GENERIC STEP THERAPY PLANS (GSTP)

## DRUG CLASS URINARY ANTISPASMODICS

PGST SSB – Ref# 375-D: Oxytrol

HPGST SSB – Ref# 411-D: Gelnique, Myrbetriq, Oxytrol, Toviaz, Vesicare

TGST SSB – Ref# 385-D: Gelnique, Myrbetriq, Oxytrol, Toviaz, Vesicare

**Status:** CVS Caremark Criteria

**Type:** Initial Step Therapy; Post Step Therapy Prior Authorization

### INITIAL STEP THERAPY

If the patient has filled a prescription for at least a 30 day supply of a generic urinary antispasmodic drug within the past 180 days under a prescription benefit administered by CVS Caremark, then the requested branded drug will be paid under that prescription benefit. If the patient does not meet the initial step therapy criteria, then the system will reject with a message indicating that a prior authorization (PA) is required. The prior authorization criteria would then be applied to requests submitted for evaluation to the PA unit.

### COVERAGE CRITERIA

Branded urinary antispasmodics will be covered with post step therapy prior authorization when the following criteria are met:

- Patient has experienced an inadequate treatment response, intolerance, or contraindication to at least one generic urinary antispasmodic.

### RATIONALE

If the patient has filled a prescription for at least a 30 day supply of a generic urinary antispasmodic drug within the past 180 days under a prescription benefit administered by CVS Caremark, then the requested branded drug will be paid under that prescription benefit.

If the patient does not meet the initial step therapy criteria, then prior authorization is required.

If the patient has a documented contraindication to or a potential drug interaction with a generic drug, then the requested brand drug will be covered. If the patient is intolerant to at least one of the generic drugs, then the requested brand drug will be covered. If the patient has tried one of the generic drugs for at least 30 days and had an inadequate treatment response, then the requested brand drug will be covered. If these requirements are met, then the approval duration is 24 months.

### REFERENCES

N/A

Written by: UM Development

Date Written: 04/2009

Revised: 09/2009, 10/2009, 07/2010, 08/2010, 05/2011, 10/2011, 01/2012 (added Anturol), 07/2012 (removed Detrol, added Myrbetriq), 09/2012 (updated formatting and documentation), 10/2012 (removed documentation), 12/2012 (removed Sanctura XR), 03/2013 (removed Anturol, updated grids), 04/2013, 01/2014 (removed Detrol LA), 04/2014 (reordered questions & update intolerance question), 10/2014 (removed Myrbetriq from PGST), 04/2015, 01/2016 (removed Enablex), 04/2016 (no clinical changes), 04/2017 (no clinical changes), 04/2018 (removed Toviaz from PGST)

Reviewed: Medical Affairs 05/2009, 09/2009, 10/2009, 07/2010, 08/2010, 10/2011, 01/2012, (KP) 07/2012; (DC) 09/2012, 12/2012, 03/2013, (LS) 04/2013, (KP) 04/2014, (SS) 10/2014, (LB) 04/2015

External Review: 05/2009, 12/2009, 12/2010, 12/2011, 08/2012, 08/2013, 08/2014, 08/2015, 08/2016, 08/2017, 08/2018

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**CRITERIA FOR APPROVAL**

- |   |   |     |    |
|---|---|-----|----|
| 1 | Has the patient demonstrated an inadequate treatment response after at least a 30 day trial of a generic urinary antispasmodic?<br>[If yes, then no further questions.] | Yes | No |
| 2 | Does the patient have a documented contraindication to or a potential drug interaction with a generic urinary antispasmodic?<br>[If yes, then no further questions.]    | Yes | No |
| 3 | Has the patient had a trial and was intolerant to at least one generic urinary antispasmodic?   | Yes | No |

**Guidelines for Approval**

Duration of Approval		24 Months			
Set 1 – Failed Trail		Set 2 – Contraindication		Set 3 – Intolerance	
Yes to question(s)	No to question(s)	Yes to question(s)	No to question(s)	Yes to question(s)	No to question(s)
1	None	2	1	3	1
					2

**Mapping Instructions**

	Yes	No
1	Approve, 24 months	Go to 2
2	Approve, 24 months	Go to 3
3	Approve, 24 months	Deny