## BRAND NAME (generic)

LOTRONEX (alosetron)

Status: CVS Caremark Criteria Type: Initial Prior Authorization

# POLICY

## FDA-APPROVED INDICATIONS

Lotronex is indicated only for women with severe diarrhea-predominant irritable bowel syndrome (IBS) who have:

- chronic IBS symptoms (generally lasting six months or longer),
- had anatomic or biochemical abnormalities of the gastrointestinal tract excluded, and
- not responded adequately to conventional therapy

Diarrhea-predominant IBS is severe if it includes diarrhea and one or more of the following:

- frequent and severe abdominal pain/discomfort
- frequent bowel urgency or fecal incontinence
- disability or restriction of daily activities due to IBS

Because of infrequent but serious gastrointestinal adverse events associated with Lotronex, the indication is restricted to those patients for whom the benefit-to-risk balance is most favorable.

Clinical studies have not been performed to adequately confirm the benefits of Lotronex in men.

#### **COVERAGE CRITERIA**

The requested drug will be covered with prior authorization when the following criteria are met:

• The requested drug is being prescribed for a biological female or a person that self-identifies as a female with a diagnosis of severe diarrhea-predominant irritable bowel syndrome (IBS) AND all of the following apply: A) Chronic IBS symptoms lasting at least 6 months, B) Gastrointestinal tract abnormalities have been ruled out, C) Inadequate response to conventional therapy

#### **REFERENCES**

- 1. Lotronex [package insert]. San Diego, CA: Prometheus Laboratories Inc.; July 2016.
- 2. Micromedex Solutions [database online]. Greenwood Village, CO: Truven Health Analytics Inc. Updated periodically. www.micromedexsolutions.com [available with subscription]. Accessed July 2017.
- AHFS DI (Adult and Pediatric) [database online]. Hudson, OH: Lexi-Comp, Inc.; http://online.lexi.com/lco/action/index/dataset/complete\_ashp [available with subscription]. Accessed July 2017.

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