

Covered Benefit: Rehabilitation Therapy Services

CMP Published: Yes ☑ No □ CMP Links: <u>Cardiac</u> <u>Rehab Outpatient Rehab</u> <u>Adults Pulmonary Rehab</u> CPG Published: Yes ☑ No □ CPG Link: <u>Chronic Obstructive Pulmonary Disease</u>

<u>Definition</u>: Rehabilitation services include physical, occupational, and speech language therapies rendered in an inpatient or outpatient setting, and cardiac and pulmonary rehabilitation.

<u>Benefit Packages</u>: RIte Care, Substitute Care, Children with Special Health Care Needs, Rhody Health Partners (RHP), Rhody Health Options Phase One, and ACA Adult Expansion (RHE).

Coverage Limitations:

- Prior authorization is required for some rehabilitative and therapeutic services.
- Cardiac rehabilitation is limited to up to 12 weeks following hospital discharge, and up to 26 weeks for risk reduction, illness adjustment and therapeutic services. An extension beyond 26 weeks requires additional authorization.

Exclusions:

Please refer to physical, occupational and speech language therapy CMP for a list of exclusions. Group occupational and speech language therapy is not covered.

Extended Family Planning (EFP) members are not eligible for rehabilitation therapy services, EFP is not a comprehensive benefit package.

Vocational rehab services and therapeutic services that are rendered through the schools are out of plan services.

Coverage Includes:

- Inpatient Rehabilitation
- Occupational Therapy
- Physical Therapy
- Speech Therapy
- Cardiac Rehabilitation
- Pulmonary Rehabilitation (outpatient)
- Pulmonary Rehab Home

• Orthotic Management and Training

Episodes of care can occur in the following settings: Office (POS 11) Home (POS 12) Inpatient (POS 21) Outpatient Hospital (POS 22) Comprehensive Inpatient Rehabilitation Facility (POS 61) Comprehensive Outpatient Rehabilitation Facility (POS 62)

Notes:

For physical rehabilitation services delivered in the home, please refer to the Home Health Care benefit coverage summary.

For behavioral health or substance abuse rehabilitation services please refer to Neighborhood's benefit portal or our behavioral health partner.

Rhody Health Option members have an additional Physical Therapy Evaluation Services Benefit that includes preventive physical therapy services and evaluation for home accessibility appliances or devices. For more detail on this benefit refer to the Benefit Coverage Summary for Long Term Services and Supports for Rhody Health Options Phase One members.

VERSION HISTORY: Create Date: 4/27/10 Revision Dates: 04/22/11, 05/18/11

CMC Review Dates: 9/13/11 PEC Revised Date: 6/11/13, 10/24/13, 12/22/14