



**Drug Name:** Prolia (denosumab)

**Date:** 9-2017

Last Revision date: 5-2019

**Scope:** Medicaid & Exchange

Drug Name:	Prolia (denosumab)
<b>Required Medical Information:</b>	<ul style="list-style-type: none"> <li> <p data-bbox="500 527 1101 558">• <b>Osteoporosis in Postmenopausal Women</b></p> <p data-bbox="548 562 1333 632">Authorization of 12 months may be granted to postmenopausal female members when ANY of the following criteria are met:</p> <ul style="list-style-type: none"> <li>○ Member has a history of fragility fractures</li> <li>○ Member has a pre-treatment T-score of <math>&lt; -2.5</math> OR member has osteopenia with a high pre-treatment FRAX fracture probability (See Appendix B) and meets ANY of the following criteria: <ul style="list-style-type: none"> <li>▪ Member has indicators of higher fracture risk (e.g., advanced age, frailty, glucocorticoid use, very low T-scores, or increased fall risk)</li> <li>▪ Member has failed prior treatment with or is intolerant to previous injectable osteoporosis therapy (e.g., zoledronic acid [Reclast], teriparatide [Forteo])</li> <li>▪ Member has had an oral bisphosphonate trial of at least 1-year duration or there is a clinical reason to avoid treatment with an oral bisphosphonate (See Appendix A)</li> </ul> </li> </ul> </li> <li> <p data-bbox="500 1182 829 1213">• <b>Osteoporosis in Men</b></p> <p data-bbox="548 1218 1377 1287">Authorization of 12 months may be granted to male members with osteoporosis when ANY of the following criteria are met:</p> <ul style="list-style-type: none"> <li>○ Member has a history of an osteoporotic vertebral or hip fracture</li> <li>○ Member has a pre-treatment T-score of <math>&lt; -2.5</math></li> <li>○ Member has osteopenia with a high pre-treatment FRAX fracture probability (See Appendix B)</li> </ul> </li> <li> <p data-bbox="500 1518 737 1549">• <b>Breast Cancer</b></p> <p data-bbox="548 1554 1354 1623">Authorization of 12 months may be granted to members who are receiving adjuvant aromatase inhibitor therapy for breast cancer.</p> </li> <li> <p data-bbox="500 1686 761 1717">• <b>Prostate Cancer</b></p> <p data-bbox="548 1722 1354 1791">Authorization of 12 months may be granted to members who are receiving androgen deprivation therapy for prostate cancer.</p> </li> </ul>

- **Glucocorticoid-induced Osteoporosis** Authorization of 12 months may be granted to members with glucocorticoid-induced osteoporosis when ALL of the following criteria are met:
  - Member is currently receiving or will be initiating glucocorticoid therapy
  - Member has had an oral bisphosphonate trial of at least 1-year duration OR there is a clinical reason to avoid treatment with an oral bisphosphonate (See Appendix A)
  - Member meets ANY of the following criteria:
    - Member has a history of a fragility fracture
    - Member has a pre-treatment T-score of  $\leq -2.5$
    - Member has osteopenia with a high pre-treatment FRAX fracture probability (See Appendix B)

**Renewal Criteria:**

All members (including new members) requesting authorization for continuation of therapy must meet all initial authorization criteria.

**Appendix:**

Appendix A. Clinical reasons to avoid oral bisphosphonate therapy

- Esophageal abnormality that delays emptying such as stricture of achalasia
- Active upper gastrointestinal problem (e.g., dysphagia, gastritis, duodenitis, erosive esophagitis, ulcers)
- Inability to stand or sit upright for at least 30 to 60 minutes
- Inability to take at least 30 to 60 minutes before first food, drink, or medication of the day
- Renal insufficiency (creatinine clearance  $< 35\text{mL/min}$ )
- History of intolerance to an oral bisphosphonate

Appendix B. WHO Fracture Risk Assessment Tool

- High FRAX fracture probability: 10 year major osteoporotic fracture risk  $\geq 20\%$  or hip fracture risk  $\geq 3\%$ .
- 10-year probability; calculation tool available at:  
<http://www.shef.ac.uk/FRAX/tool.jsp>



**Drug Name:** Prolia (denosumab)

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**Scope:** Integrity

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<b>Required Medical Information:</b>	<ul style="list-style-type: none"> <li> <p data-bbox="500 596 1105 630">● <b>Osteoporosis in Postmenopausal Women</b></p> <p data-bbox="548 636 1333 701">Authorization of 12 months may be granted to postmenopausal female members when ANY of the following criteria are met:</p> <ul style="list-style-type: none"> <li>○ Member has a history of fragility fractures</li> <li>○ Member has a pre-treatment T-score of &lt; -2.5 OR member has osteopenia with a high pre-treatment FRAX fracture probability (See Appendix B) and meets ANY of the following criteria: <ul style="list-style-type: none"> <li>▪ Member has indicators of higher fracture risk (e.g., advanced age, frailty, glucocorticoid use, very low T-scores, or increased fall risk)</li> <li>▪ Member has failed prior treatment with or is intolerant to previous injectable osteoporosis therapy (e.g., zoledronic acid [Reclast], teriparatide [Forteo]) OR oral bisphosphonate trial of at least 1-year duration or there is a clinical reason to avoid treatment with an oral bisphosphonate (See Appendix A)</li> </ul> </li> </ul> </li> <li> <p data-bbox="500 1213 829 1247">● <b>Osteoporosis in Men</b></p> <p data-bbox="548 1253 1377 1329">Authorization of 12 months may be granted to male members with osteoporosis when ANY of the following criteria are met:</p> <ul style="list-style-type: none"> <li>○ Member has a history of an osteoporotic vertebral or hip fracture</li> <li>○ Member has a pre-treatment T-score of &lt; -2.5</li> <li>○ Member has osteopenia with a high pre-treatment FRAX fracture probability (See Appendix B)</li> </ul> </li> <li> <p data-bbox="500 1549 740 1583">● <b>Breast Cancer</b></p> <p data-bbox="548 1589 1354 1665">Authorization of 12 months may be granted to members who are receiving adjuvant aromatase inhibitor therapy for breast cancer.</p> </li> <li> <p data-bbox="500 1717 764 1751">● <b>Prostate Cancer</b></p> <p data-bbox="548 1757 1354 1833">Authorization of 12 months may be granted to members who are receiving androgen deprivation therapy for prostate cancer.</p> </li> </ul>

- **Glucocorticoid-induced Osteoporosis** Authorization of 12 months may be granted to members with glucocorticoid-induced osteoporosis when ALL of the following criteria are met:
  - Member is currently receiving or will be initiating glucocorticoid therapy
  - Member has had an oral bisphosphonate trial of at least 1-year duration OR there is a clinical reason to avoid treatment with an oral bisphosphonate (See Appendix A)
  - Member meets ANY of the following criteria:
    - Member has a history of a fragility fracture
    - Member has a pre-treatment T-score of  $\leq -2.5$
    - Member has osteopenia with a high pre-treatment FRAX fracture probability (See Appendix B)

**Renewal Criteria:**

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