



**A Medicare-Medicaid Plan with \$0 premiums
and new extra benefits at no cost to you**



Neighborhood **INTEGRITY**

(Medicare-Medicaid Plan)



Use this guide to
learn about all of the
**great benefits and
services** available
to **Neighborhood
INTEGRITY** members.





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Welcome

Neighborhood **INTEGRITY** (Medicare–Medicaid Plan) is a high–quality health plan for individuals who are eligible for both Medicare and Medicaid.

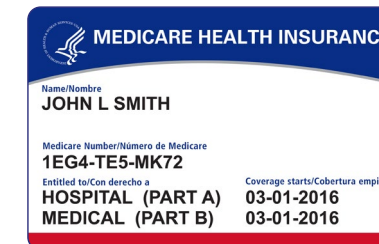
With Neighborhood INTEGRITY, you get:

- » \$0 plan premiums, \$0 deductibles, \$0 copays, \$0 prescription drugs, and \$0 over–the–counter (OTC) products*
- » \$0 copay for durable medical equipment such as incontinence supplies, diabetic supplies, and more
- » All of the benefits you are receiving from Medicare, Part D, and Medicaid through one plan**
- » A Neighborhood Care Manager, who can coordinate your benefits and services, help address any medication issues, and create your care plan
- » **NEW FOR 2024!** Routine dental services through Delta Dental of Rhode Island
- » And more!

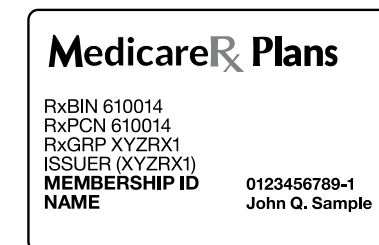
**Certain Medicaid benefits will still be covered through Rhode Island Medicaid, such as transportation services. We can help you access those services.*

***If you get long–term services and supports (LTSS), you may have to pay part of the cost of the services. This amount is determined by Rhode Island Medicaid.*

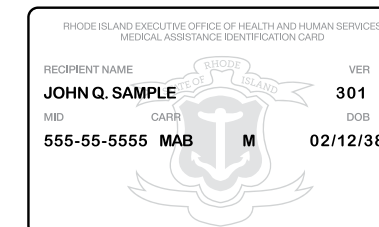
One Card for All of Your Care



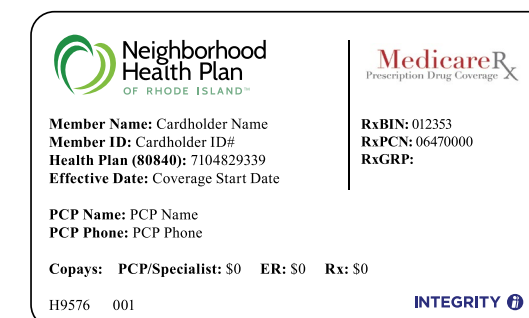
Medicare Card



Part D Card
(Rx Coverage)



Rhode Island
Medicaid Card









Neighborhood
INTEGRITY

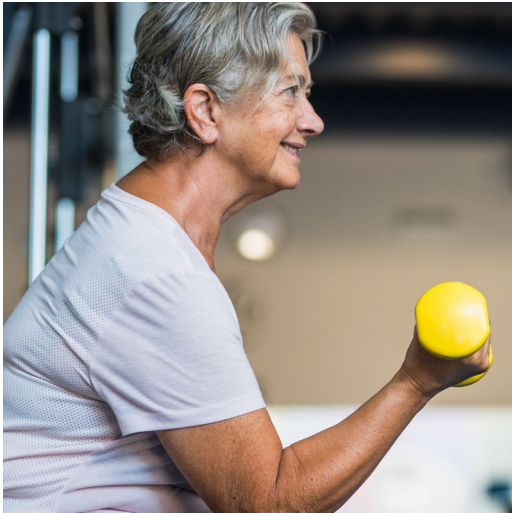


2024 Benefits and Services

This is a short description of the 2024 plan benefits. For a complete list of benefits, covered services, exclusions, and prior authorization rules, visit:

www.nhpri.org/medicare-medicaid/benefits





Description	Cost to You
 <p>Monthly premium</p>	\$0
 <p>PCP visits</p>	\$0
 <p>Specialist visits</p>	\$0
 <p>Ambulance services</p>	\$0
 <p>Mail order and prescription drugs</p>	\$0
 <p>Over-the-counter drugs</p>	\$0



Description	Cost to You
 <p>Diabetes self-management services and supplies, like test strips, glucose monitor, and more</p>	\$0
 <p>Durable medical equipment, like medical supplies and devices, adult diapers, and much more</p>	\$0
 <p>Hospital stays (inpatient, outpatient, and mental health)</p>	\$0
 <p>Gym membership</p>	\$0
 <p>Chiropractic services</p>	\$0
 <p>Substance use services</p>	\$0

Description	Cost to You
 Dental coverage ¹	\$0
 Annual hearing exam	\$0
 Hearing aids	\$0
 Annual eye exam	\$0
 Eyeglasses, lenses, and contacts	\$0
 Labs/X-rays	\$0



Description	Cost to You
 Skilled nursing facility care	\$0
 Transportation ²	\$0
 24/7 nurse advice line	\$0
 Long-term services and supports (LTSS) benefits, like meal delivery, personal care assistance, homemaker, and much more ³	\$0

1. Routine dental coverage through Neighborhood includes an annual \$1,000 limit for various preventive services. See page 29 for details. Neighborhood will assist with coordinating other services with Rhode Island Medicaid.

2. Covered by Rhode Island Medicaid.

3. If you get long-term services and supports (LTSS), you may have to pay part of the cost of the services. This amount is determined by Rhode Island Medicaid.

Over-the-Counter Medicines

With a prescription from your provider, you can get hundreds of over-the-counter medicines with a \$0 copay including:*

- » Allergy, sinus, cold and flu, and pain relief products
- » Smoking cessation products, like nicotine patches and gum
- » Vitamins and supplements
- » Diabetes care products, like glucometers, test strips, and insulin
- » Foot care products, like medicated foot powder and more
- » Digestive health products, like antacids and laxatives
- » Eye and ear care products, like eye drops and earwax removal drops
- » Skin care products, like healing ointment and pain relief cream
- » Sleep aids, like melatonin

For a full list of over-the-counter medicines, view our List of Covered Drugs (Formulary) online at:

www.nhpri.org/INTEGRITY

**Limitations and restrictions may apply.*



Durable Medical Equipment

You are eligible for durable medical equipment with a \$0 copay including*:

- » Home health care and daily living equipment
- » Wheelchairs and walkers
- » Incontinence products, like disposable underpads and more
- » Crutches
- » Diabetic supplies
- » Oxygen equipment and supplies

To find a list of durable medical equipment providers, visit www.nhpri.org/INTEGRITY and visit the Member Materials page, or call Neighborhood Member Services.

**Limitations and restrictions may apply.*



Adult Diapers



Shower Chair



Walker



Wheelchair

Long-Term Services and Supports (LTSS)

LTSS is a variety of services and supports that help you meet your daily needs and improve your quality of life so that you can safely remain in the community, if you are eligible.*

Programs and services you may be eligible for with Neighborhood INTEGRITY's LTSS Benefits:

Assisted living services:**

- » Services and supports for you to live in an assisted living facility, such as help with meals; assistance with personal care; help with medications, housekeeping, and more

All Neighborhood INTEGRITY members are eligible for our companion services program. See page 23 for more information!

Home care services:**

- » Personal care services, such as help with dressing and eating
- » Homemaking services, such as laundry and shopping

Home health agency care:***

- » Full-time, part-time, or intermittent skilled nursing, certified nursing assistant, and home health aide services
- » Medical and social services
- » Medical equipment and supplies

Meals on Wheels:

- » Food delivery to your home
- » Includes one meal per day for up to five days a week

Personal Choice Program:

- » Choose the care you need so you can live at home, with services such as personal care, homemaker and chore services, and more
- » Using a budget based on your individual care needs, you can make the decisions on what care you need and who provides that care

The plan may also pay for other services not listed here. If you get long-term services and supports (LTSS), you may have to pay part of the cost of the services. This amount is determined by Rhode Island Medicaid.

**Eligibility is determined by Rhode Island Medicaid.*

***Prior authorization is required.*

****Prior authorization may be required.*

MORE Benefits at No Extra Cost to You

Take advantage of these added benefits and get the most from your health plan!

These added benefits include:

- » In-home companion services
- » Healthy food savings card
- » Gym membership and activity tracker
- » Home-delivered meals after a hospital stay or surgery
- » **NEW!** Preventive dental services with Delta Dental of Rhode Island*

Join Neighborhood to get access to these great benefits and services at no cost.

**Routine dental coverage through Neighborhood includes an annual \$1,000 limit for various preventive services. See page 29 for details. Neighborhood will assist with coordinating other services with Rhode Island Medicaid.*



In-Home Companion



Healthy Food Savings Card



Gym Membership



Post-Hospitalization Meal Delivery



Preventive Dental Services



In-Home Companion

*A friendly companion to help you at home**

Neighborhood can connect you with a companion to support you when you need it most. Your companion can help you in many ways, including keeping you company, light house cleaning, running errands, and more.

To get connected with a companion, call Neighborhood Member Services.

**Restrictions may apply*



Post-Hospitalization Meal Delivery

Healthy meal delivery when you need it most.

At Neighborhood, we know it's hard to come home from the hospital with no food in the refrigerator. We also know how important it is to have healthy meals. That's why we have partnered with Mom's Meals.

When you are recovering from a stay in the hospital or surgery, we will make sure you get the nutrition you need for better health.

With Mom's Meals, you can get meals delivered to your home based on your needs.* To get connected with Mom's Meals, contact Neighborhood Member Services.

**Restrictions may apply*

Healthy Food Savings Card



Healthy eating just got easier with access to a *healthy benefits* savings card. With this card, you get \$35 every month, plus weekly coupons for additional savings!*

You can shop at stores like Walmart, Stop and Shop, CVS, and more for a variety of healthy foods from the brand names that you know and love.

To find store locations and learn more, visit www.healthybenefitsplus.com/Neighborhood.

Using your healthy food savings card is easy! Your savings card and the Healthy Benefits Plus app can be used to buy thousands of foods, including:

- | | |
|-------------------------------|--|
| 1. Fresh fruit and vegetables | 5. Canned fruits and vegetables |
| 2. Fresh salad kits | 6. Healthy grains – bread, cereals, pastas, etc. |
| 3. Dairy products | |
| 4. Meat and seafood | |

And much more!

**Restrictions may apply*





Gym Membership

Physical activity is good for people of all ages. Get active with Neighborhood and the YMCA!*

Join any of these YMCA of Greater Providence or YMCA of Pawtucket branches at no cost to you. Staying active can help improve your overall health and wellness. It could even lower your risk of heart disease or diabetes.*

You can join any of these YMCA locations at no cost:

- | | |
|--|---|
| 1. Bayside YMCA
70 West Street
Barrington, RI | 6. Newman YMCA
472 Taunton Avenue
Seekonk, MA |
| 2. Cranston YMCA
1225 Park Avenue
Cranston, RI | 7. Pawtucket Family YMCA
20 Summer Street
Pawtucket, RI |
| 3. East Side YMCA
438 Hope Street
Providence, RI | 8. South County YMCA
165 Broad Rock Road
Wakefield, RI |
| 4. Kent County YMCA
900 Centerville Road
Warwick, RI | |
| 5. MacColl YMCA
32 Breakneck Hill Road
Lincoln, RI | |

New
locations
added for
2024!

A fitness
tracker
is included
with your
membership!



 **DELTA DENTAL®**

Preventive Dental Services

Get the dental care you need with Neighborhood and Delta Dental of Rhode Island!

With a large network, you can find a dentist in the state of Rhode Island that's right for you.

Neighborhood has partnered with Delta Dental to offer preventive dental benefits with a maximum of \$1,000 per year.*

Some of the covered services include:

- » Two (2) cleanings
- » One (1) routine oral exam
- » One (1) fluoride treatment
- » Dental X-rays
- » Fillings
- » Denture repairs as needed

How to Enroll

We are here to help! Call us.

The Neighborhood Sales Team can:

- » Answer your questions about the plan
- » Set up an appointment for one-on-one assistance to help you fill out the application at home
- » Check to see that your provider is in our network and your medicines are covered

The Neighborhood Sales Team can be reached by calling 1-844-812-6896 (TTY 711), 8 a.m. to 8 p.m., Monday–Friday. If you call outside of normal business hours, you may be asked to leave a message. Your call will be returned within the next business day. The call is free.

To enroll, call the Medicare–Medicaid Enrollment Line at 1-844-602-3469 (TTY 711), Monday–Friday 8:30 a.m. to 6 p.m.

For more information about Neighborhood **INTEGRITY**, visit www.nhpri.org/INTEGRITY.

Neighborhood Health Plan of Rhode Island is a health plan that contracts with both Medicare and Rhode Island Medicaid to provide benefits of both programs to enrollees.

Neighborhood Health Plan of Rhode Island es un plan de salud que tiene contrato con Medicare y Rhode Island Medicaid para brindar los beneficios de ambos programas a los afiliados.

Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al 1-844-812-6896 (TTY 711). Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação. Para obter um intérprete, contate-nos através do número 1-844-812-6896 (TTY 711). Irá encontrar alguém que fale o idioma Português para o ajudar. Este serviço é gratuito.

យី ឯមានសេវាអ្នកបកប្រែផ្ទៃទាល់មាត់ដ៏ ម៉ឺន ឆាប់ យោលសំ ណាងលែអ្នកអាចមានអំពី គម្រោង សុខភាព និងថ្នាំ របស់យី ឯខ្ញុំ។ ដ៏ ម៉ឺន ទទួលបានអ្នកបកប្រែផ្ទៃទាល់មាត់ គ្មានតម្លៃសេវា មកយី ឯខ្ញុំ តាមរយៈលេខ 1-844-812-6896 (TTY 711)។ អ្នកដទៃនី យាយខ្ញុំជួយអ្នកបាន។ នេះ ជាសេវាឥតគិតថ្លៃ។

Neighborhood Health Plan of Rhode Island complies with applicable civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Neighborhood Health Plan of Rhode Island cumple con las leyes de derechos civiles aplicables y no discrimina por motivos de raza, color, origen nacional, edad, discapacidad o sexo.

